

## GYMS AND YOGA STUDIOS · CAPTION PACK

# 30 caption starters for gyms and yoga studios

Copy one, fill in the brackets, and make it sound like you.

## A new class

New on the timetable: [class], every [day] at [time].

[Instructor] is starting a [class] for [level]. First class is on [date].

Never tried [class]? This one is made for beginners.

[Class] is back for [season]. Book your spot at [how].

What happens in a [class]: [one line description].

## Booking slots open

[Number] spots left in [class] on [day]. Book at [how].

Your first class is [offer]. Message us to book.

Early morning crew, the [time] class has space this week.

Join us for [number] weeks of [program], starting [date].

Open studio on [day] from [time]. Come and see the space.

## Behind the scenes

Meet [instructor], who teaches [class] on [days].

Setting up for the [time] class.

Why we start every [class] with [warm up or ritual].

New [equipment] just arrived. Here is how we will use it.

Our favourite part of the day: [moment].

## Your members

Thank you for the kind words, [name]. We love having you in class.

Most booked class this month: [class]. Did you guess it?

[Name] has been coming every [day] for [time]. Thank you for showing up.

Tag the friend you want next to you in [class].

Which one are you booking, [class A] or [class B]?

## Tips and how-tos

One cue we give a lot in [class]: [cue].

How to set up for [move or pose]: [steps].

What to bring to your first class: [list].

New to [class]? Tell your instructor about any injuries before you start.

Stretch to try after a long day at a desk: [stretch].

## Practical info

This week's timetable: [link or list].

Find us at [address]. Parking at [place].

Holiday hours: open [days] from [time] to [time].

Closed on [date]. Classes are back on [date].

Memberships and class packs are at [link].

**Or let Suara do it for you.**

Send photos in a chat, get a week of posts. Your first week is free.

[trysuara.com](https://trysuara.com)